



# Osceola County Sheriff's Office



## Self-Defense Awareness & Familiarization Exchange

### (S.A.F.E.)

***What is S.A.F.E?***

This program is a two hour long pre-basic 90% awareness familiarization with 10% physical training methods and a method of distributing crime prevention information for home study and reference.

***Who can attend?***

Females who are over the age of 16 can attend this class. There is very limited physical exertion, so most females of any age will benefit from this program.

***What will I learn?***

You will receive information that may help reduce the risk of exposure to violence and to help familiarize yourself with the possibility of future physical training.

**COMPLETE THE FOLLOWING REGISTRATION. PLEASE PRINT.**

<b>Class Date:</b>		
<b>Name</b>	<b>D.O.B.</b>	<b>Age</b>
<b>Address</b>		
<b>Phone#</b>	<b>Alternate#</b>	
<b>Email Address</b>		
<b>How did you hear about our S.A.F.E. program?</b>		

**Signature:**

**Date:**

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